#### From Molecules to Systems to Behavior.

NEU502B: From Molecules to Systems to Behavior Lecture 7(?): April 1, 2025 Guest Instructor: Leigh Nystrom Princeton Neuroscience Institute



#### M/EEG methods

## **Neuroscience methods overview**:

Temporal vs. spatial resolution — but also non-invasiveness



## **EEG and MEG**

Electroencephalography (EEG) and magnetoencephalography (MEG) are non-invasive methods that measure the same underlying neural currents.



EEG: Measures differences in electric potentials on the scalpMEG: Measures changes in magnetic flux density outside of the head

### **M/EEG** comparability

#### Monkey V1 microelectrode recording



Fries, 2008



# **Origin of the M/EEG signal**





#### Pyramidal cells

- Found in layers II/III and V
- Organized so primary axis is
   perpendicular to the cortical surface
- Open field layout makes this detectable with M/EEG

#### Stellate cells

- This example from layer IV
- Closed fields cancel out, so not seen by M/EEG

# **Post Synaptic Potentials**

Synaptic input leads to ionic currents across the postsynaptic membrane



**Excitatory Post-Synaptic Potential (EPSP)**: influx of positive Na+ ions at apical dendrites causes depolarization of the postsynaptic cell

Extracellular volume currents complete the loop of ionic flow so that there is no build-up of charge

MEG is more sensitive to intracellular currents, EEG to extracellular

# **Post Synaptic Potentials**

Synaptic input leads to ionic currents across the postsynaptic membrane



**Inhibitory Post-Synaptic Potential (IPSP)**: influx of negative CI- ions causes hyperpolarization of the postsynaptic cell

So reversing the direction of the detectable current, relative to EPSPs

# What about action potentials?

Action potentials (APs) are unlikely to contribute to the M/EEG signal.



- APs produce electric quadropoles, with their intensity declining steeply with distance (1/r<sup>3</sup>). Postsynaptic currents are dipolar, which drop off as 1/r<sup>2</sup>.
- APs have a very short duration. Would need to be highly synchronized to be measurable.
- The bi-phasic nature of the depolarizing and repolarizing currents might result in mean field cancellation.

## How many neurons needed to detect?



Time (ms)

A single neuron is not detectable.

- Neuronal models of detailed morphology were simulated, excited by virtually injecting current.
- Equivalent current dipole (ECD) moment was estimated by summing across dipoles in an area.
- ~50,000 cells is sufficient to generate a dipole source of 10 nAm

# How many neurons needed to detect?



Jackson & Bolger (2014)

These tens of thousands of neurons need to be well-aligned in space and polarity

- (a) nice! cumulative sum >> individual neuron
- (b) ugh! the dipole +/- signs cancel out = 0
- (c) chaos reigns supreme! probably also = 0

Another rough estimate for spatial resolution:

- ~ 1 Million synapses needed
- with ~10K cells / mm<sup>2</sup>, ~1K synapses / cell,
  - then a few mm<sup>2</sup> can potentially produce a measurable signal

### **EEG: Conduction of the electric field**



**EEG**: Measures differences in electric potential at the scalp

Volume conduction – primary currents along dendrites of neurons give rise to secondary currents.

These propagate to be detectable at multiple sites on the scalp.

In a <u>uniformly</u> conducting medium, electrical field strength is related to the inverse square of the distance.

But conductivity actually varies across different tissue types in the head (e.g. grey matter, CSF, skull, scalp...)

#### EEG and MEG: complementary data, "right hand rule"









### **MEG:** Conduction of the magnetic field



**MEG**: Measures changes in magnetic flux density outside of the head

Magnetic fields are mainly induced by primary currents whereas electric fields are mainly sensitive to secondary (volume) currents

Magnetic fields are generated perpendicular to electric fields, from both the primary and secondary currents

Magnetic fields are <u>not</u> affected by differences in conductivity with different tissue types.

# **M/EEG source orientation**

Bulk current flow from EPSPs is oriented perpendicular to the cortical ribbon.



Orientation of source is important....

- EEG can detect both tangential and radial oriented dipoles
- MEG can see tangential, but struggles to sense radial dipoles
  - If you assume a symmetric sphere for the head, radial dipoles are *impossible* to detect

# **M/EEG source orientation**

So what's the point if MEG can't see any sources in the gyri/sulci?



- The head isn't a perfect sphere.
- Even if you assume it is very few sources are truly radial
- Most sources are not point sources, so will likely contain a tangential component.

#### tl;dr - it's not a massive concern.

# **M/EEG source depth**

Depth is a limiting factor in MEG measurements.



Hillebrand and Barnes (2002)

- Sensor-level amplitude decreases with distance from source (1/r<sup>2</sup>)
- Deeper sources appear more radial, which MEG is less sensitive to

### History of EEG

**1924:** Hans Berger coined the term "electroencephalography" (EEG)

- his initial attempts in humans were uncomfortable...
  - he stuck thin sliver wires under his own scalp, 1 each in front & back
  - studied his own son for years, refined less invasive on-scalp electrodes
- sat on his results for 5 years before publishing his discoveries
  - he called it the "alpha wave"
    - roughly 10Hz, grows larger when subject closes their eyes
    - (also discovered a "beta wave" around 12-30 Hz)

sadly, nobody believed him! (\_\_`)

**1930:** William Grey Walter localized alpha rhythm to occipital cortex using multi-electrode EEG, and also discovered *delta* waves associated with deep sleep and epilepsy

#### Oscillations

Scalp EEG can detect **oscillations** associated with characteristic frequency bands, cortical distributions, and brain states (e.g. alertness)



These oscillations reflect the *synchronized activity* of large-scale *networks of neurons* (e.g. thalamocortical loops drive sleep spindles)

Band	Frequency (Hz)	Location	Normally	Pathologically
Delta	< 4 Hz	Front regions in adults, posterior regions in children	Slow-wave sleep	Subcortical and diffuse lesions
<u>Theta</u>	4–7 Hz	Regions not engaged by a given task	Drowsiness, idling, inhibition	Focal subcortical lesions
<u>Alpha</u>	8–12 Hz	Bilateral posterior and central regions	Relaxing, closed eyes, inhibition	Coma
<u>Beta</u>	13–30 Hz	Symmetric bilaterally, particularly frontal regions	Active thinking, alertness, stress	Benzodiazapines
<u>Gamma</u>	> 32 Hz	Somatosensory cortex	Multimodal sensory processing, memory tasks	Decreases with cognitive decline

Event-related potentials

1939: Pauline and Hallowell Davis observed the first *event-related potentials* (ERPs)
brief electrical potentials in response to certain stimuli
(instead of oscillations)

#### ELECTRICAL REACTIONS OF THE HUMAN BRAIN TO AUDITORY STIMULATION DURING SLEEP

H. DAVIS, P. A. DAVIS, A. L. LOOMIS, E. N. HARVEY, AND G. HOBART From the Department of Physiology, Harvard Medical School, Boston, Mass., and The Loomis Laboratory, Tuxedo, N. Y.

*Evoked potentials* (EPs): early, stereotyped responses to stimulus

*Event-related potentials* (ERPs): later, stereotyped responses linked to higher cognitive processes



#### Event-related potentials

**1964:** William Grey Walter discovers first "cognitive" ERP – "contingent negative variation" is a negative potential indexing *expectation* between a "warning" (cue) stimulus and a "imperative" stimulus the subject intends to suppress or terminate





#### Event-related potentials

**1964:** William Grey Walter discovers first "cognitive" ERP — "contingent negative variation" is a negative potential indexing *expectation* between a "warning" (cue) stimulus and a "imperative" stimulus the subject intends to suppress or terminate

**1965:** Samuel Sutton discovers P300—a positive deflection corresponding to more uncertain/informative stimuli (e.g. oddballs)



#### Invention of MEG 1968





First pioneered by David Cohen & James Zimmerman at MIT in 1968

Single SQUID sensor inside shielded booth

Only began to get popular\*\* in the early 1990s after introduction of high-density sensor arrays

\*\*(Still rare though, due to cost — millions of \$\$)

#### Refinement of MEG



1983 1986 by HUT by HUT 4 channels 7 channels 30 mm in 93 mm in diameter diameter (coverage: 7 cm<sup>2</sup>) (coverag Axial e: 68 cm<sup>2</sup>)

Axial

1989 by HUT 24 channels 125 mm in diameter (coverage: 123 cm<sup>2</sup>) Planar 1991 by Neuromag 122 channels whole head (coverage: 1100 cm<sup>2</sup>) Planar 12 Deliveries

1997 by Neuromag 306 channels whole head (coverage: 1220 cm<sup>2</sup>) Planar & Magnetometers **mid 2000s - present:** Development and standardization of a radically different type of MEG sensor, the Optically Pumped Magnetometer (OPM)

not cryogenic SQUID-based, but rather room-temperature not huge room-sized, but tiny, portable, wearable (a lot like EEG)

# **MEG Signal Challenges**

(A) **Magnetic field** kT x10<sup>3</sup> MRI scanner ~1-7 T 1 T  $mT \times 10^{-3}$ Earth's magnetic field 60 µT μT x10<sup>-6</sup> 0 Magnetic field from nT x10<sup>-9</sup> passing vehicles pT x10<sup>-12</sup> Cardiac magnetic field ~100 pT fT x10<sup>-15</sup> Neuromagnetic field ~10 fT

The MEG signal is <u>tiny</u>!

We need approaches to shield our sensors from this noise to be able to measure anything useful.

# **Magnetically shielded rooms**

MEG systems are currently housed within Magnetically Shielded Rooms (MSRs), which give passive shielding against noise from the environment, on the order of tens of nT.

Degaussing coils can reduce this further to  $\sim 5nT$  (still too high for MEG though).





Concentric shells of mu metal, copper and aluminum bend external fields around the MSR

# **Magnetically shielded rooms**

Adding active shielding coils (like MRI coils) can lower the remnant background fields to near zero.

Some systems even drive these coils dynamically, to counteract field changes from subject motion.







National Institute of Mental Health, NIH



## Why Use OPMs? Wearability 1 – Higher Signal



## Why Use OPMs? Wearability 2 – Spatial Information



# Why Use OPMs?

#### **Flexible Sensor Placement**





## Why Use OPMs?

#### **Movement**









Evoked response to button press
Two person MEG demonstration

# Ping-PongRest45 s7 s

Rally ping pong ball for 5 seconds then rest 25 trials

Requires more unpredictable, rapid head movements!





#### BUT...

Shielded region is still fixed, participants can't move away from initial positions



#### **Real-time active shielding**





### Ambulatory movement in MEG

Holmes et al., in preparation



Active shielding at UoN



#### **Field distribution**

Holmes et al., in preparation





Active shielding at UoN

# How does an OPM work?



- The laser pumps the Rubidium into a higher energy state, where the spin of each atom is aligned
- Once aligned, the gas is transparent to laser light
- A magnetic field transverse to the laser beam will knock atoms out of this energy state
- The laser can then do work to bring the vapor back to this higher energy state. This uses energy and means less laser light arrives at the photodiode.



#### Physics: Spin Exchange – a loose metaphor

#### (via Tim Tierney, UCL)



## Actual design of a QuSpin OPM sensor (Gen 2)



### Design of a QuSpin OPM sensor (Gen 3 - triaxial)





#### EEG vs. MEG \_

	ADVANTAGES	DISADVANTAGES
EEG	<ul> <li>Cheap (\$30-100K)</li> <li>Can be done anywhere</li> <li>Sensitive to all dipole orientations</li> <li>Some movement allowed</li> </ul>	<ul> <li>Slow setup</li> <li>Signal propagation distorted by tissue types</li> <li>High frequencies lost</li> </ul>
MEG	<ul> <li>Faster setup (cryogenic MEG)</li> <li>Movement compatible (OPM MEG)</li> <li>Signal propagation undistorted</li> <li>Higher frequencies can be measured (cryogenic MEG)</li> </ul>	<ul> <li>Very expensive (\$2 Mil)</li> <li>Movement incompatible (cryogenic MEG)</li> <li>Requires extensive shielding</li> <li>High frequencies lost (OPM MEG)</li> <li>Sensitive to orientations of the dipole</li> </ul>



#### e.g. MEGIN Triux System 306 MEG sensors (102 magnetometers, 204 gradiometers) 64 EEG electrodes







# M/EEG Analysis

**Preprocessing: Denoising** 

#### M/EEG preprocessing

*Filtering* can be used to mitigate certain common M/EEG artifacts:

- -low-pass: filter out EMG
- -high-pass: filter out skin potentials
- -band-reject 60 Hz AC line noise

Filters should be used sparingly: ERP/Fs are not really a sum of infiniteduration sine waves, despite what Fourier analysis assumes.



Artifact rejection procedures simply discard trials with artifacts (e.g. eye blinks)

**Artifact correction** procedures aim to estimate artifacts and then subtract them out of the signal (instead of simply discarding corrupted trials entirely)



#### M/EEG preprocessing

*Artifact rejection* procedures simply discard trials with artifacts (e.g. eye blinks)

The "best" criterion or threshold to discard trials (e.g. voltage threshold) will depend on the cost of misses versus false alarms



**Artifact correction** procedures aim to estimate artifacts and then subtract them out of the signal (instead of discarding corrupted trials entirely)

*Independent component analysis* (ICA) can be used to "unmix" mixed signals by maximizing non-Gaussianity of marginal distributions; effective for identifying: —eye-blinks and saccades (EOG)

-cardiac artifacts (ECG)

**Artifact correction** procedures aim to estimate artifacts and then subtract them out of the signal (instead of discarding corrupted trials entirely)

**Independent component analysis** (ICA) can be used to "unmix" mixed signals by maximizing non-Gaussianity of marginal distributions; effective for identifying:

-eye-blinks and saccades (EOG)

-cardiac artifacts (ECG)

These artifacts tend to have a consistent scalp distribution





Works with kurtosis, independence

ICA

#### Homogeneous Field Correction for OPM-MEG

- Find/remove magnetic fields components that hit all the sensors in parallel
  - they couldn't possibly come from a source from within the spherical sensor array
  - must come from a more distant (noise) source



Tierney *et al.*, 2021



# M/EEG Analysis

Preprocessing: Time Segmentation, Baselining

Event-related analysis

In event-related potential (**ERP**) or field (**ERF**) **analysis**, we extract and average **epochs** surrounding each event of interest



In event-related potential (**ERP**) **analysis**, we extract and average **epochs** surrounding each event of interest



Normalize by baseline prior to each epoch

A commonly-used baseline period would be the 100 or 200 ms prior to each event



Let's take a look at some classic ERPs studied over many decades now...

(Most of these have analogous ERFs as well, using MEG)

The **N170** is sensitive to face stimuli (relative to nonface objects) and is strongest at posterior lateral electrodes

Does physical interstimulus variance account for early electrophysiological face sensitive responses in the human brain? Ten lessons on the N170

Bruno Rossion\* and Corentin Jacques



The **P300** is an endogenous potential in parietal electrodes linked to the probability of a *task-defined* stimulus category (not lowlevel stimulus properties) —peaks at 250–500 ms

-P300 latency indexes stimulus evaluation



As mentioned before, there is (usually) a magnetic event-related field (ERF) to correspond with ERPs.

Here's a comparison between the EEG and MEG versions of the "P300"



(Reichert et al., 2017)

The **error-related negativity** (ERN) emerges shortly after a mistaken action is initiative in frontro-central electrodes

-peaks 80-150 ms after response begins

-originates in dorsal ACC or pre-SMA

#### A NEURAL SYSTEM FOR ERROR DETECTION AND COMPENSATION

William J. Gehring,<sup>1</sup> Brian Goss,<sup>1</sup> Michael G.H. Coles,<sup>1</sup> David E. Meyer,<sup>2</sup> and Emanuel Donchin<sup>1</sup>



The Neural Basis of Error Detection: Conflict Monitoring and the Error-Related Negativity

Nick Yeung Princeton University Matthew M. Botvinick University of Pennsylvania

Jonathan D. Cohen Princeton University and University of Pittsburgh **Time-domain analysis:** ERP analysis treats waveform peaks and troughs as *events* localized in time—"*when* do differences in amplitudes occur relative to stimulus?"

**Frequency-domain analysis:** spectral (Fourier) analysis collapses across time – "which *frequencies* have different power (or phase)?"

**Time-frequency analysis:** wavelet analysis provides a compromise, allowing us to examine "*when* and *how much* do different frequencies occur?"

A major assumption of ERP analysis is that the timing of the ERP signal is the same on each trial; i.e. oscillations must be *in phase* or they'll get averaged out

Fourier analysis assumes that the signal is *stationary*; i.e. statistics don't change over time

**Wavelet analysis** aims for an optimal tradeoff between time and frequency by combining a waveform (e.g. sine/cosine) and a smooth window (e.g. Gaussian) — analyze high frequencies in a narrow time window for better temporal resolution — analyze low frequencies in a wider time window for better spectral resolution

Morlet wavelet



The *mother wavelet* is a function for deriving wavelets for any frequency

- -zero mean amplitude and finite duration
- -can be scaled (compressed) and translated



Toy wavelet analysis of a raw EEG signal



Time-frequency spectrogram display power at particular *frequency bands* at particular *times* (e.g. relative to stimulus onset)

Spatial attention to left or right hemifield yields increased alpha oscillation in ipsilateral hemisphere



# M/EEG Analysis

Preprocessing: for Source Localization

### M/EEG preprocessing

- Up to now, all preprocessing has involved time series from sensors
  - mostly ignoring their positioning relative to the brain dipole signal generators
    - although we might still plot our data on a 2D circle "surface" layout
- What if we used our knowledge of the structure of a brain to try to determine the origins of the scalp signals from multiple deeper dipole sources?
  - AKA "Source localization"



#### Source localization preprocessing:

- Unless we want to assume that everyone's brain is shaped alike, we'll need to collect a structural MRI from our M/EEG participant
  - and need to segment the image into scalp vs. skull vs. different brain tissues
- We'll also need to digitize the locations of all our sensors on that person's scalp
- Finally, we'll need to coregister all of this disparate info into a common 3D space



### M/EEG preprocessing



3D scan with helmet

Template space/MRI with brain location

Four step coregistration procedure from MRI to sensor locations
### M/EEG preprocessing

Use FreeSurfer to parcellate the structural MRI



# A generative model of sources

Starting from our sensor-level M/EEG data, y, for a given time, t, that we can assume is generated by k sources in the brain:



Encapsulate all time and we can turn this into a set of matrices.

All data across all time 
$$Y = LJ + \epsilon$$
 'noise' across all time  
All lead fields \_\_\_\_\_\_ All source activity across all time

# Lead fields: the forward problem

$$Y = LJ + \epsilon$$
Lead fields  $\bot$ 

The forward problem

If we know the precise position/orientation/amplitude of a dipole in the brain, can we estimate what the associated sensor-level pattern should be?

#### YES!

For a given dipole, there exists one unique solution. This makes it straightforward to solve!

BTW, for MEG data, the solutions are typically a lot simpler than for EEG data, because they're not distorted by different tissue types like with EEG



## **Forward models**

Various approximations to the problem are available:



EEG requires more complex models which are able to predict electric potential differences better than the simple spherical models (typically a 3-shell BEM or better).

This does require more knowledge about the anatomy.

# **Workflow of MNE**

